

STAGES OF TEAM DEVELOPMENT

FORMING

Slightly apprehensive
Developing ground rules
Familiarisation
High energy
Positive
Polite



Loss
Vulnerability
Future uncertainty
May impact wellbeing
Celebration & mourning

ADJOURNING

PERFORMING

Operate independantly
Strategically aware
Seeks delegation
Unique Identity
Goal focussed
Organised
Mature



Anger
Conflicts
Frustration
Pseudo team
Voicing opinions
Status positioning
Cliques and factions

STORMING

NORMING

Appreciation of strengths
Strong committment
Collective focus
Develop values
Group decision
Cohesion
Trust

